

# NOTICE OF RACE – 39<sup>th</sup> Mid-Ontario Regatta District III ILCA Championships & Fogh Gold Cup Series Event July 26 – 27, 2025



**Location:** Sturgeon Lake Sailing Club, 51 Golf Links Rd, Fenelon Falls, Ontario, K0M 1N0

**Organizing Authority:** Sturgeon Lake Sailing Club, [www.slsc.ca](http://www.slsc.ca)

**Information:**

- See our regatta website on Clubspot: <https://theclubspot.com/regatta/GY4xUxsyO7>
- Or contact us at [mids.regatta.info@slsc.ca](mailto:mids.regatta.info@slsc.ca)
- Notice board will be online at: <https://theclubspot.com/regatta/GY4xUxsyO7/#notice-board>
- For the ILCA classes there are 20 Grand Prix points available for this regatta. See [Grand Prix Rules](#)

**Rules:**

- The event will be governed by the *rules* as defined in *The Racing Rules of Sailing*.

**Classes:**

- ILCA 7
- ILCA 6
- ILCA 4
- Club 420
- Club 420 White Sail

**Registration/ Sailing Instructions:**

- Participants, coaches and parents/partners must register and pay online at Clubspot: (<https://theclubspot.com/register/regatta/GY4xUxsyO7/class>)
- A waiver will be required to be signed (by competitor or guardian). Clubspot will send out an email.
- Sailing Instructions will be provided online at Clubspot in the notice board section by July 21, 2025

**Fees:**

- **Sailors:** C\$160 - Includes: Sat. breakfast, lunch & dinner; Sun. breakfast and late lunch. Fee is for each sailor in a double handed boat.
- **ILCA Member Sailors:** will receive a discount of C\$65 (funded by the NA ILCA class) for a total fee of C\$95.
- **Coaches:** C\$90 - Includes Sat. breakfast, lunch & dinner and Sun. breakfast and late lunch.
- **Parents/Partners:** C\$70 – Includes Sat. breakfast, lunch & dinner and Sun. breakfast and late lunch.

- A late fee of C\$25 per person will be charged for registrations received after **July 13, 2025**.
- **Cancellations:** Fees will be refunded less C\$25/person for cancellation requests by July 13; and less C\$60/person after July 13.
- **Regatta Souvenirs:** will be provided to sailors and coaches who register by July 13.

- Schedule:**
- Friday July 25
    - Check-in 4:00pm – 9:00pm
  - Saturday July 26:
    - Check-in 8:00 am – 10:00am
    - Competitors' Meeting 10:00am
    - First Race 11:00am
  - Sunday July 27:
    - First Race 10:00am
    - No warning signal after 3:00pm

- Series Format:**
- A maximum of 7 races are scheduled.
  - 1 or more races constitute a series.
  - 1 drop with 5 or more races.
  - Grand Prix points only awarded if number of races and sailors as per the [Grand Prix Rules](#) are met.

- Scoring:**
- Low Point Scoring System

- Prizes:**
- Mid Ontario ILCA 7, ILCA 6 and Double Handed perpetual trophies
  - Top three finishers in each class
  - First Master in ILCA 7 and ILCA 6

- Accommodation:**
- Camping provided at nearby cottages in the Village of Sturgeon Point for junior club teams and individuals.
    - Coaches will provide details on their team size during their registration so that a suitable camping location can be assigned. A coach or chaperone must camp with the team.
    - If you are not part of a junior club team and you require camping, please email [mids.regatta.accommodations@slsc.ca](mailto:mids.regatta.accommodations@slsc.ca) to arrange for a campsite
  - No camping on Club grounds.
  - Limited billeting in cottages for Masters sailors and guests - first come/first served basis. Please respond to the housing question during registration if you require billeting.

- Disclaimer of Liability:**
- Competitors participate in the Regatta entirely at their own risk. See rule 3, Decision to Race. The organizing authority will not be liable for any material damage or personal injury or death sustained in conjunction with or prior to, during, or after the Regatta, whether caused by negligence or otherwise.

- Other Information**
- Single use plastic water bottles will not be provided. Please bring your own refillable water bottle