

**Mid-Ontario Championship**  
**July 28 and 29, 2018**  
**Sailing Instructions**

**1 Rules**

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) and the Prescriptions of Sail Canada, which shall be posted on the Official Notice Board.

1.2 The organizing authority is the Sturgeon Lake Sailing Club (<http://www.slsc.ca/>). The event will be held at Sturgeon Point, Ontario.

**2. Eligibility and Entry**

All competitors must meet the eligibility requirements as stated in the Notice of Race and have filed valid entries in accordance with the Notice of Race.

**3. Equipment and Measurement**

Boats shall not change their sail numbers or crew during the regatta without informing and seeking the prior permission of the regatta race committee. The race committee may withhold permission, with just cause. In the event of duplicate sail numbers between boats, prior to or after registration, the race committee will resolve the matter. Their decision will not be subject to a hearing unless the boats have already raced and a boat's identity is contested by another boat, the race committee or the protest committee.

**4. Notices To Competitors**

Notices to competitors will be posted on the official notice board located on the porch on the West boathouse.

**5. Changes In Sailing Instructions**

Any change in the sailing instructions will be posted before 0900 on the day it will take effect, except that any change in the schedule of races will be posted before 2000 on the day before it will take effect.

**6. Signals Made Ashore**

6.1 Signals made ashore will be displayed from the flagpole at the sailing club.

6.2 When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signal AP.

**7. Schedule of Races**

7.1 Racing is scheduled as follows:

***Saturday, July 28***

1000 Competitors Meeting  
1100 First warning signal, races to follow

***Sunday, July 29***

1000 First warning signal, races to follow

7.2 Seven (7) races are scheduled for this event. The finish boat will signal when the last race of the day has been completed.

7.3 A minimum of one race must be completed to constitute a regatta.

7.4 On the final day of the regatta no warning signal will be made after 1500.

### **8. Racing Area**

The racing area will be off of Sturgeon Point, roughly 1 nautical mile west of the Sturgeon Lake Sailing Club.

### **9. Courses**

The diagram in Appendix 1 shows the courses, the course designations, and the side on which each mark is to be left. The approximate time to sail a race will be 45 minutes. More or less time to sail a race will not be grounds for redress.

### **10. Marks**

The course marks will be as described in Appendix 1.

### **11. The Start**

11.1 Races will be started in accordance with RRS 26. The race committee will blow a number of short whistles to signal the approach of the Warning signal. Failure to do so will not be grounds for redress.

11.2 The Class Flags will be:

Laser	- Numeral pennant "1"
Laser Radial	- Numeral pennant "2"
Club 420	- Numeral pennant "3"
RS Feva	- Numeral pennant "4"

11.3 The starting line will be between the mast displaying the RC flag on the RC Boat at the starboard end and a staff flying a white flag in a boat at the port end.

11.4 A boat shall not start later than 5 minutes after her starting signal. Such boat will be scored DNS, this changes RRS A4.1.

### **12. Change Of Course**

To change the position of the next mark, the race committee will move the original mark (or the finishing line) to a new position. The change will be signaled via a sound signal and displaying of flag C, before the leading boat has begun the leg, although the mark may not yet be in the new position. Any mark to be rounded after rounding the moved mark may be relocated without further signaling to keep the course configuration. This replaces RRS 33.

### **13. The Finish**

The finish line will be between staffs displaying blue flags on boats at each end of the finish line.

### **14. Abandonment & time limit**

The time limit for a race will be 1.5 hours. Boats failing to finish within 20 minutes after the first boat finishes or within the time limit will be scored DNF. This changes RRS 35 and A4.1.

### **15. Protests**

15.1 Competitors intending to protest shall inform the Race Committee immediately after finishing and before communicating with coaches or spectators. Boats should first sail to the non-course side of the Finish Boat and report to the Finish Boat. Boats that do not finish

shall report their intent to protest to any Race Committee Boat at the first possible opportunity. This adds to RRS 61.1(a).

15.2 Protest and scoring enquiry forms are available at the protest committee desk located at the lean-to on the west side of the sailing club. Protests and requests for redress must be lodged at the lean-to on the west side of the sailing club within 45 minutes of the time the Race Committee Finish Boat docks. The Race Committee will post the docking (beginning of protest) time on the official notice board as soon as practical after docking.

15.3 Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within 30 minutes after the end of the protest time. This is the notice required by RRS 63.2.

15.4 Scoring inquiries must be filed by 0930 on the day following the race in question or two hours after the posting of the preliminary results for that race, whichever is later, except for the last day of racing. For the races held on the last day of racing, scoring inquiries must be filed within the protest time limit or 30 minutes after the provisional final results are posted, whichever is later.

15.5 On the last scheduled day of racing, a request for re-opening a hearing shall be delivered a) within the time limit if the requesting party was informed of the decision on the previous day, or b) no later than 30 minutes after the requesting party was informed of the decision on that day. This instruction changes RRS 66.

## **16. Scoring**

16.1 The Low Point Scoring System, Appendix A2. There will be one throwout when five or more races are sailed.

## **17. Safety**

17.1 Life jackets shall be worn at all times while racing, failure to do so will result in disqualification. This changes RRS 40.

17.2 A competitor who withdraws from a race or intends not to start a race shall inform the nearest safety or race committee boat as soon as possible. Failing this, the competitor will inform the Harbour Master as soon as possible immediately upon return to shore.

## **18. Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

## **19. Support Boats**

19.1 Team leaders, coaches and other support personnel shall stay at least 50 metres from boats that are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement may be disqualification of all boats associated with the support personnel who do so.

19.2 Post-race team discussions on the water shall occur at least 50 metres away from the finish/start area on the starboard side of the course.

19.3 It is expected that Team Leaders' and Support/Coach boats will come to the aid of any boat in need of assistance.

## Appendix 1

### The Course

1. The diagram below shows the courses, including the order in which marks are to be passed and the side on which each mark is to be left. The intended approximate time to sail the course will be 45 minutes.
2. The course to be sailed for a race will be indicated by the following flags:
 

Outer Course	Flag O	(Start - 1 - 2 - 3/3a - 2 - 3 - 5 - Finish)
Inner Course	Flag G	(Start - 1 - 1a - 4/4a - 1 - 2 - 3 - 5 - Finish)
Windward/Leeward	Flag W	(Start - 1 - 1a - 4/4a - 1 - 1a - 4/4a - Finish)

  - Marks 4 and 4a are not marks on the first leg of any course.
  - Marks 1 and 1a are not marks on the last leg of the Windward/Leeward course.
  - Mark 1a is not a mark on the Outer Course and is not a mark on the 4<sup>th</sup> leg of the Inner Course.
  - Mark 3a is not a mark between legs 5 & 6 on the Outer and Inner Course.
3. The following is the initial start sequence of the classes at the start of each day:
  1. Laser
  2. Radial
  3. Club 420
  4. RS Feva

Note: this may change for later races.
4. Marks 1, 4/4a and 5 will be orange tetrahedrons; Marks 2 and 3/3a will be yellow cylinders/tetrahedrons; and Mark 1a will be a small pink ball.

